



# MENU FEBRUARY 2019



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	28	29	30	31	1
<b>Breakfast</b>	*Kix Cereal & Pineapple	*Pancakes & Applesauce	Muffin Bar Mandarin Oranges	*Pancakes & Peaches	*English Muffin Banana & Sunbutter
<b>Lunch</b>	*Chicken Taco Rice Black Beans & Corn Mandarin Oranges	*Tater Tot Hotdish Green Beans Pears & English Muffin	*Chicken Tenders Garden Salad Carrots & Peaches	Chicken & Corn Chowder Cornbread & Pears	*Macaroni & Cheese Capri Blend Veg Peaches
<b>Snack</b>	Yogurt & *Graham Crackers	*Banana Bread & Milk	Cottage Cheese Pineapple	Cheese *Wheat Thins	Apples Sunbutter-Yogurt Dip
	4	5	6	7	8
<b>Breakfast</b>	*Cheerios & Peaches	*Waffles & Applesauce	Breakfast Banana Split <small>(Banana, yogurt, Cheerios &amp; mixed fruit)</small>	*Waffles & Peaches	*Chex Cereal & Bananas
<b>Lunch</b>	*Spaghetti & Meatballs Green Beans Pears	*Quesadilla Black Beans & Fajita Rice Pineapple	*Sunbutter & Jelly Cottage Cheese Apples & Cucumbers	*Scrambled Eggs Turkey Sausage, Bagel Carrots & Pineapple	*Fishsticks California Blend Veg Baked Beans & Pears
<b>Snack</b>	Yogurt *Animal Crackers	Fresh Veggies w/Dip Crackers	*Bean & Veggie Crackers String Cheese	Muffin Bar & Milk	Fruit & Yogurt Parfait
	11	12	13	14	15
<b>Breakfast</b>	*Life Cereal & Pears	*Pancakes & Bananas	Scrambled Eggs, Tater Tots & Mand-Oranges	<b>Happy Valentines Day!</b> *Pancakes & Pineapple	*English Muffin w/Cinn- Cream Cheese & Pears
<b>Lunch</b>	Hamburger Wild Rice Blend Cheesy Broccoli Pineapple	White Chicken Chili Cornbread Peaches	*Pizza Garden Salad Cucumbers & Applesauce	♥ *Macaroni & Cheese Peas & Mixed Fruit ♥	*Pineapple Chicken Brown Rice Carrots & Applesauce
<b>Snack</b>	Yogurt *Graham Crackers	Apples, Celery Sunbutter	Cottage Cheese Peaches	Smooth Cherry Frozen Juice Cup *Lemon Blueberry Bites	*Sunbutter-Banana Wrap
	18	19	20	21	22
<b>Breakfast</b>		*Cheerios & Pears	*Bagels w/Cream Cheese & Pineapple	Muffin Bar & Bananas	*Waffles & Peaches
<b>Lunch</b>		*Turkey Sausage & Cheese English Muffin Malibu Blend Veggies Mandarin Oranges	*Chicken Tenders Mashed Potatoes Green Beans & Peaches	*Tuscan Spinach & Bean Pasta Glazed Carrots Pears	*Taco Flatbread Pizza Mixed Veggies Pineapple
<b>Snack</b>		Applesauce *Animal Crackers	*Flatbread w/Cream Cheese & Cucumbers	Corn on the Cob String Cheese	Fruit Pizza on a *Whole Grain Bagel
	25	26	27	28	1
<b>Breakfast</b>	*Oh the Places You Will Go O's & Pears (Cheerios)	*English Muffin & Bananas	Sam's Muffins & Applesauce	*Waffles & Pears	*Fox in Socks French Toast & Bananas
<b>Lunch</b>	*Beef Stew Mixed Vegetables Brown Rice & Peaches	*Chicken & Poodles Eating Noodles Soup Cucumbers & Pineapple	*One Fish, Two Fishsticks Cat's Carrots Baked Beans & Peaches	*Sam I Am Meatball Sliders Potato Salad & Pineapple	*Green Eggs & Ham English Muffin Broccoli & Applesauce
<b>Snack</b>	Apples Up On Top Yogurt	Cat's Hat String Cheese Blue Fish, Red Fish, Goldfish?	Grinch Dip, Truffula Trees & Corn Chips	Pink Yink Ink Drink (Yogurt Smoothie) Lorax Oranges	Seussy Cereal Snack Mix Mixed Fruit

Breakfast & lunch are served with unflavored-hormone free 1%(2-13yrs) or whole (1-2yrs) milk & snack is served with water unless otherwise noted.

\*Indicates that the item/meal meets the UDSA whole grain rich criteria. We may substitute items based on availability.