



MENU MARCH 2019



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	25	26	27	28	1
Breakfast	*Oh the Places You Will Go O's & Pears (Cheerios)	*English Muffin & Bananas	Sam's Muffins & Applesauce	*Waffles & Pears	*Fox in Socks French Toast & Bananas
Lunch	*Beef Stew Mixed Vegetables Brown Rice & Peaches	*Chicken & Poodles Eating Noodles Soup Cucumbers & Pineapple	*One Fish, Two Fishsticks Cat's Carrots Baked Beans & Peaches	*Sam I Am Meatball Sliders Potato Salad & Pineapple	*Green Eggs & Ham English Muffin Broccoli & Applesauce
Snack	Apples Up On Top Yogurt	Cat's Hat String Cheese Blue Fish, Red Fish, Goldfish?	Grinch Dip, Truffula Trees & Corn Chips	Pink Yink Ink Drink (Yogurt Smoothie) Lorax Oranges	Seussy Cereal Snack Mix Mixed Fruit
	4	5	6	7	8
Breakfast	*Kix Cereal & Peaches	*Pancakes & Bananas	Muffin Bar & Applesauce	*Bagel w/Cream Cheese Pear	*Pancakes & Peaches
Lunch	*Beef Lo Mein Carrots & Broccoli Pineapple	Chicken Taco's Mixed Vegetables Pears	*Grilled Cheese Vegetable Soup Pineapple	*Turkey Fried rice Stir Fry Blend Veg Mandarin Oranges	*Macaroni & Cheese Roasted Zucchini Applesauce
Snack	Yogurt & *Animal Crackers	Apples, Celery & Sunbutter	Cottage Cheese Peaches & Cucumbers	Fruit Crisp & Milk	Banana Yogurt Parfait
	11	12	13	14	15
Breakfast	*Life Cereal & Applesauce	*Waffles & Pears	Breakfast Banana Split (Banana, yogurt, Cheerios, & mixed fruit)	*Waffles & Applesauce	*English Muffin Bananas
Lunch	*Beef Shepherd's Pie Mixed Veg & Peaches Cheese Flatbread	*Chicken Tenders Mashed Potatoes & Corn Mandarin Oranges	*Sunbutter & Jelly Cottage Cheese Pineapple & Peas	*Scrambled Eggs Roasted Veggies English Muffin & Peaches	*Irish Pizza Carrots Applesauce
Snack	Yogurt & *Graham Crackers	Cheese & Crackers	Fresh Veggies w/Dip *Bean & Veggie Crackers	Muffin Bar & Milk	Rainbow Fruit Cups Goldfish Crackers
	18	19	20	21	22
Breakfast	*Cheerios & Pears Hamburger	*French Toast & Pineapple	Muffin Bar & Applesauce	*Bagels & Pineapple	*Life Cereal & Bananas
Lunch	Wild Rice Blend Cheesy Broccoli Peaches	*Ranch Chicken Pasta Glazed Carrots Applesauce	*Italian Dunkers Capri Blend Vegetables Mandarin Oranges	Beef & Baked Bean Chili Cornbread Peaches & Green Beans	*Turkey Pot Pie Mixed Vegetables Bread & Pears
Snack	Yogurt & *Animal Crackers	*Bagel "Doughnuts" & Pears	Sunbutter & Banana Wrap	*Blueberry Bread & Milk	Apple Nacho's w/Yogurt
	25	26	27	28	29
Breakfast	*Kix Cereal & Pineapple	*English Muffin & Bananas	*Pancakes & Applesauce	*Cheerios & Peaches	*Pancakes & Bananas
Lunch	*Beef Lasagna Hotdish Green Beans Applesauce	*Chicken Chop Suey Brown Rice & Mixed Veg Mandarin Oranges	*Quesadilla Garden Salad Peas & Pears	*Scrambled Eggs English Muffin Carrots & Mixed Fruit	*Pizza Malibu Blend Veg Pears
Snack	Yogurt & *Graham Crackers	Cucumbers String Cheese	Cottage Cheese Pineapple	Cornbread & Milk	Applesauce *Lemon-Blueberry Bites

Breakfast & lunch are served with unflavored-hormone free 1%(2-13yrs) or whole (1-2yrs) milk & snack is served with water unless otherwise noted.

*Indicates that the item/meal meets the USDA whole grain rich criteria. We may substitute items based on availability.